

Youth Mental Health First Aid

Join the movement.

Sometimes first aid isn't a bandage or
CPR. Sometimes, first aid is
YOU.

A young person you know could be experiencing a
mental health or substance use problem.

Learn an action plan to help.

Anyone 18 or older can take Youth Mental Health First Aid,
but it is recommended for those who regularly have con-
tact with young people ages 12-18 -- teachers, coaches,
social workers, faith leaders and other caring citizens.

Course information

Date: Friday, February 23

Time: 8:00 am - 4:30 pm

Location: Kewaunee County Admin Center

HHS Training Room

810 Lincoln St, Kewaunee

Cost: FREE

Register: Call Renee Koenig at 388-7137 or
email renee.koenig@uwex.edu



Take a course. Save a life.
Strengthen your community.

For more information, contact:

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